13. An infrared-therapy device comprising:
an enclosure assembly for accommodating a user;
an infrared emitter coupled with the enclosure, the emitter including a first heating element operable to emit near-infrared radiation and a second heating element operable to emit far-infrared radiation, the first and second heating elements being integrated into a single unit; and
a control panel associated with the enclosure and operably coupled with the first heating element and the second heating element, the control panel operable by the user to cause near-infrared and far-infrared radiation to be emitted within the enclosure by the emitter from one or more of the first heating element and the second heating element.

14. The infrared-therapy device of claim **13**, wherein the infrared emitter is a planar unit.

15. The infrared-therapy device of claim **14**, wherein the second heating element comprises an array of LEDs.

16. The infrared-therapy device of claim **13**, wherein the infrared emitter further comprises a third heating element integrated into the single unit, the third heating element configured to emit mid-infrared radiation.

17. The infrared-therapy device of claim **15**, wherein the second heating element is surrounded by the first heating element.

18. The infrared-therapy device of claim **15**, wherein the second heating element is positioned alongside the first heating element.

19. An infrared-therapy device comprising:
an enclosure assembly for accommodating a user;
a first heating element operable to emit near-infrared radiation and positioned within the enclosure to emit the near-infrared radiation toward a torso of a human user positioned within the enclosure;
a second heating element operable to emit far-infrared radiation and positioned within the enclosure to emit the far-infrared radiation toward the torso of the human user positioned within the enclosure, the first heating element and the second heating element emitting the near- and far-infrared radiation toward the torso from substantially the same vertical position within the enclosure; and
a control panel associated with the enclosure and operably coupled with the first heating element and the second heating element, the control panel operable by the user to cause near-infrared and far-infrared radiation to be emitted within the enclosure by the one or more of the first heating element and the second heating element.

20. The infrared-therapy device of claim **19**, further comprising:
a third heating element operable to emit mid-infrared radiation toward the torso of the human user positioned within the enclosure, the third heating element emitting the mid-infrared radiation toward the torso from substantially the same vertical position within the enclosure as the first and second infrared heating elements.

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